



TEXAS RACING COMMISSION
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PUBLIC NOTICE

EHV-1 Prevention

Equine Herpes Virus-1 is a contagious virus spread in nasal secretions of the horse. Transmission is through direct contact between horses and by fomites (objects such as brushes, leads, clothing, hands, tack, and any items a horse comes in contact with). EHV-1 most commonly causes upper respiratory disease seen as fever, nasal discharge, lethargy, and coughing; but less commonly can cause neurologic disease and abortion.

Preventative Recommendations and Biosecurity Tips

1. Wash your hands often, especially between horses.
2. Wash clothing and footwear often, especially when working with multiple horses.
In cases of respiratory infection, disinfect clothing and footwear after working with affected horse.
3. Wear gloves when working with horses affected by respiratory infection.
4. Wash and disinfect items (grooming equipment, buckets, leads/shanks, saddles, tack etc.) after each use and between horses.
5. Minimize traffic through barns.
6. Avoid allowing nose-to-nose contact between horses.
7. Vaccinate or booster your horses current vaccination for EHV-1.
8. **Monitor horses for fever, nasal discharge, or other signs of respiratory illness. Contact your veterinarian if your horse has a high temperature or you suspect your horse is ill.**